

More praise for W. Ian Walker:

"An inspiring story in which vocal music plays a key role! I am very proud of Ian for all his accomplishments and continued dedication to the Arts in Canada."

—Adrienne Pieczonka, OC,
Canadian and International Soprano

"It is an honor to write this endorsement for a story that will stir the hearts of even the most discouraged. With God there is always a way to victory. In the midst of constant ups and downs in Ian's life, he has learned a deep secret — sing your way into joyful purpose! Though Ian struggles with short-term memory due to ADHD, a failed marriage, financial pressures, and more, God has stirred his soul. Ian is captured by the One who will not let him go. There is a prophetic flow throughout the pages of this book and I trust you will feel that flow and respond to that same call to live."

—Jeremy Sinnott, Pastor
Catch the Fire

"I've known Ian for almost 20 years. Ian was created by God to express joy. As with all who have special assignments in life; the journey in getting there is not always easy. Ian has persevered and continues to be a man who sees the best in life. I believe you will receive hope for your journey by reading Ian's story."

—Steve Long, Senior Leader
Catch the Fire Toronto



Stirring My Soul To Sing: Overcoming ADHD Through Song shares personal events of W. Ian Walker's life as an arts consultant, musician, "singer-actor" chorister and music director. His life-story is one of faith and arts awareness in overcoming many obstacles associated with attention deficit hyper-activity disorder—ADHD. Behind the lyrics, melodies, and ovations, Ian experienced verbal abuse, school bullying, poor academic standing, employment instability, financial hardship and divorce. Offering insight into an "artistic life" instead of being medicated for ADHD; Ian shares very personal details of the joys and sorrows of adapting to this disorder.

From the beginning of Ian's vocal career as bass-baritone and chorister with the Toronto Mendelssohn Youth Choir (TMYC) in 1980s, he shares special memories of his involvement in 1981 with the Boston University Tanglewood Institute (BUTI), the Young Artist Vocal Program (YAVP), where he met Leonard Bernstein and interacted with other well-known classical musicians and artists. Ian writes about his vocal and opera studies and mentors including Robert Cooper, C.M. (Conductor), Canadian and International icon, the late Maureen Forester, C.C., and producer and choral entrepreneur, the late Nicholas Goldschmidt, C.C. Especially influential is Ian's long-lasting friendship with Canadian and international soprano, Adrienne Pieczonka, O.C.

While Ian can recall more than 40 years of a successful performance career with some of North America's greatest musicians and Christian artists—he has dealt with ADHD for a lifetime. In this, he is not a performer, he is an overcomer.

BIOGRAPHY & AUTOBIOGRAPHY
Composers & Musicians

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\$22.99 CAD
\$20.99 USD

WALKER

STIRRING MY SOUL TO SING

OVERCOMING ADHD THROUGH SONG



STIRRING MY SOUL TO Sing



OVERCOMING ADHD THROUGH SONG

W. IAN WALKER

FOREWORD BY NANCY HONEYTREE-MILLER,
FIRST LADY OF JESUS MOVEMENT MUSIC

\$25.00 CAD / \$22.50 USD

**Praise for W. Ian Walker's
*Stirring My Soul to Sing;
Overcoming ADHD
Through Song:***

"Bravo Ian! As well as presenting a strong argument for arts education in schools, your story of dedication and determination is a testament to the power of faith, friendship and music."

—John Fanning, CM
Canadian and International Baritone

"Gratitude and perseverance describe Ian's journey from a childhood of "being different" to the adult discovery of a learning disability that impacted relationships and career opportunities. The diagnosis of ADHD and encounters with the Holy Spirit provided a new lens through which to view past hurts and to anticipate the future with hope and a song in his heart."

—Dr. Carol A. Wood, Ecumenical Chaplain
McMaster University and Educator

"This book is the story of overcoming challenges and developing talent into a very fruitful life through the wonderful grace of a personal connection with Jesus Christ."

—Nancy Honeytree-Miller,
First Lady of Jesus Movement Music

"A truly courageous journey of so many challenges and impressive achievements, proving it can be done!"

—Mary Morrison, O.C.,
Canadian Legendary Vocal Performer